



Hunger Free Communities Certificate Course

A Transformational Learning Experience

Our Mission

Cultivating Scalable Solutions to End Hunger

The Baylor Collaborative on Hunger and Poverty is a multifaceted organization dedicated to cultivating scalable solutions to end hunger. Through a three-pronged approach of **Research**, **Policy**, and **Practice**, the Baylor Collaborative brings together a diverse team of experts to tackle this complex challenge.

Core Assumption

No One Sector Can End Hunger Alone

“ It’s actually in proximity to the poor that we hear things that we won’t otherwise hear, that we’ll see things we won’t otherwise see ”

Bryan Stevenson | Founder, *Equal Justice Initiative*

Hunger is a Complex Problem that Requires a Coordinated Response



Hunger impacts **every community** in the United States.



In America today, hunger is not about famine or a lack of production but about a **lack of concerted efforts to ensure people have access to food.**



Solutions are often **siloed** instead of **coordinated.**

Baylor Collaborative (2025). *The Hunger Free Community Coalition Handbook: Effective Strategies to End Hunger*. [Unpublished]. Collaborative on Hunger and Poverty, Baylor University.

Discussion

What do you wish your community knew...

About child hunger?

About the challenges you face in your work?

About the impact your work has on the lives of the children you serve?

What do you wish you knew...

About child hunger?

About the resources available in your community?

About the impact the work of other community members has on your neighbors?

Hunger Free Community Coalitions Drive Hunger Solutions

Hunger Free Community Coalitions (HFCCs) are key to ending hunger because they leverage the collective impact of all parties in a community or region to efficiently maximize their impact.

HFCCs work because they strategically assess local food delivery systems, identify resources and gaps, make decisions for change, and implement action plans to ensure more people have access to healthy and nutritious food.



HFCC Training and Support

Since 2009, the Hunger Collaborative has trained and supported 41 coalitions as well as communities in over 25 states including Texas, Kansas, Minnesota, Oklahoma, and North Carolina.

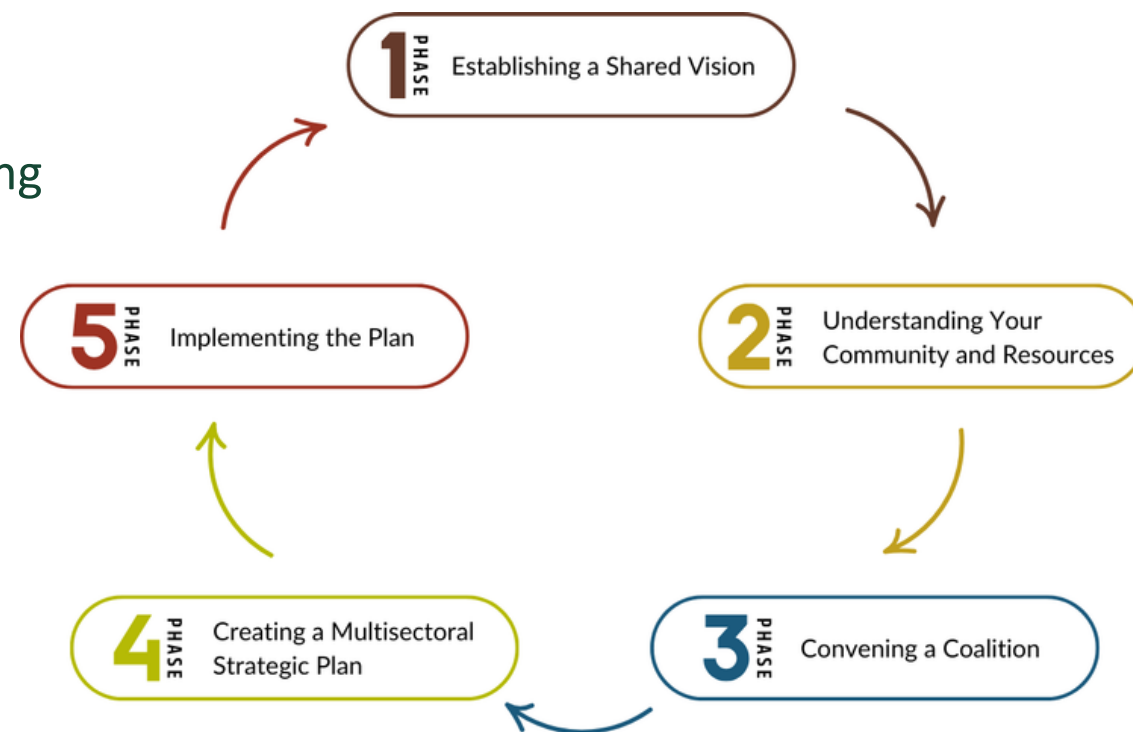
These coalitions have accessed our resources to implement this collective impact model through training and consulting.



Training and Equipping Community Leaders

The Hunger Free Communities Certificate Course guides participants through the five phases of creating and sustaining a successful Hunger Free Community Coalition:

- Establishing a Shared Vision
- Understanding Your Community and Resources
- Convening a Coalition
- Creating a Multisectoral Strategic Plan
- Implementing the Plan

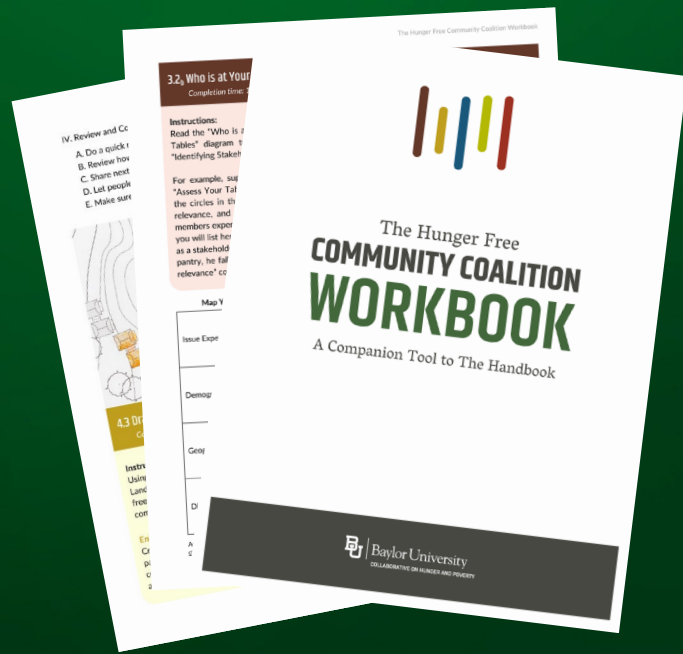


Upon course completion, participants will receive a certificate of completion from Baylor University along with a digital badge.

Course Objectives

1. Explain the three pillars of the Baylor Collaborative's Hunger Free Community Coalition model—multisectoral collaboration, shared power, and collective impact—and how these pillars are the foundation of an effective HFCC.
2. Examine what food insecurity looks like in your own community and how to elevate community voices to build meaningful, collaborative interventions.
3. Understand what policies impact hunger and how you can engage decision makers to create policies that alleviate hunger for the whole community.
4. Increase awareness and understanding of the challenges individuals without access to resources face in meeting their basic needs.

Course Components



Workbook



Online Course



Handbook

Syllabus

Styles of teaching:

- Lessons
- Videos
- Workbook assignments
- End-of-module quizzes



Module Navigation

Start Here
Module 1: Understanding Food Insecurity
Module 2: Understanding Hunger Free Community Coalitions
Module 3: Establishing a Shared Vision
Module 4: Understanding Your Community
Module 5: Understanding Your Resources
Module 6: Convening a Coalition
Module 7: Creating a Multisectoral Strategic Plan
Module 8: Implementing the Plan

Module 1: Understanding Food Insecurity	Prerequisites: Start Here
Module 1 Overview View	✓
Engage	✓
Review: The Hunger Free Community Coalition Handbook View	✓
Learn & Interact: Understanding Food Insecurity, Part 1 View	✓
Watch: What is Food Insecurity? View	✓
Learn & Interact: Understanding Food Insecurity, Part 2 View	✓
Watch: Food Insecurity Research View	✓
Respond	✓
Module 1 Quiz 10 pts Score at least 8	✓
Looking Ahead to Module 2 View	✓

Course Introduction



About the Collaborative

Founded in 2009, the Baylor Collaborative on Hunger and Poverty began with the goal of making sure every Texan had access to three nutritious meals each day. Using a collective impact approach, the Baylor Collaborative worked alongside local communities to build coalitions of like-minded stakeholders committed to ending hunger in their communities and partnered with school districts and community organizations to make sure more children had access to meals outside of school.

Today, the Baylor Collaborative continues to partner with stakeholders across Texas, the nation, and the globe, fighting to end hunger. Housed within Baylor University, an R1 institution in Waco, Texas, the Baylor Collaborative's partnerships allow it to pioneer research, to test and evaluate innovative models for ending hunger, and to collaborate with leaders to scale those ideas for maximum impact.

Welcome to the Course!



Module 1: Overview

Module 1

Hunger Free Communities Certificate Course

Understanding Food Insecurity

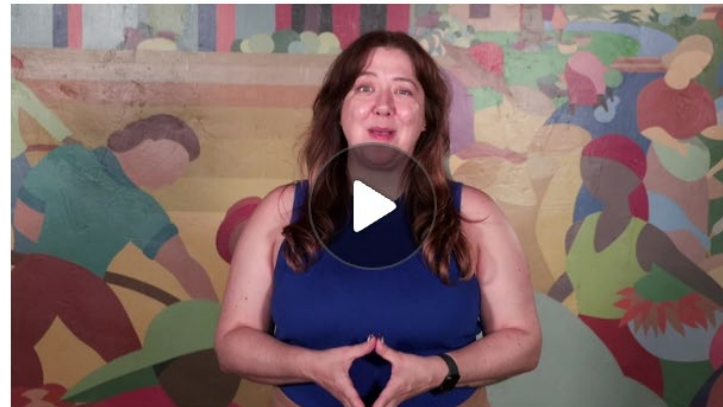


Module Progress



Welcome to Module 1

Welcome! Before you begin, watch this video from your instructor, Katie Nye, for an introduction to the course.



Module 1: Review

Module 1

Hunger Free Communities Certificate Course

Understanding Food Insecurity



Module Progress



Review



Refer to the following section from *The Hunger Free Community Coalition Handbook*:

- Chapter 1: Understanding Food Insecurity

Guiding Questions

As you review Chapter 1 in *The Hunger Free Community Coalition Handbook*, consider the following questions:

1. How does *food insecurity* differ from other commonly used terms, such as *hunger* or *nutrition security*?
2. Who experiences food insecurity?


Module 1: Learn & Interact

Module 1

Hunger Free Communities Certificate Course

Understanding Food Insecurity, Part 1

Module Progress



Learn & Interact

To complete this interactive lesson, use the side bar within this window to scroll down through the lesson.



To successfully navigate this lesson:

1. Scroll through each element of material.
2. Interact through clicks and drags when applicable.

Module 1: Watch



Guiding Questions

1. What are some contributing factors to food insecurity that were identified in Lupe's family's story?
2. Is hunger "causal"? Why or why not?
3. How do tradeoffs impact families experiencing economic difficulties?

Note for video quizzes: At the beginning of many of the course videos, you will see a notification that says "Start your video quiz!" Throughout these videos, you will be prompted to answer questions. To view your results and finish the video, be sure to submit your answer to each question. These quizzes aren't graded, but will help you gauge your understanding of the content.



Watch

BAYLOR COLLABORATIVE
ON HUNGER AND POVERTY
Cultivating scalable solutions to end hunger

Hunger Free Communities Course
Start your video quiz!

What is Food Insecurity?
Start your video! Throughout the video, you'll be prompted with questions. Submit your answers at the end of the video to find out your score!
Total attempts available for this quiz: 99

↓ [Download Pre-Test](#)

Module 1: Quiz

Module 1 Quiz

Read each question carefully. Select the best possible answer from the provided choices.

1

Multiple Choice 1 point



What is the definition of food insecurity?

- When all people, at all times, have physical, social and economic access to sufficient, safe, and nutritious food that meets their dietary needs and food preferences for an active and healthy life
- The limited or uncertain availability of nutritionally adequate and safe foods or limited or uncertain ability to acquire acceptable foods in socially acceptable ways
- An individual-level, physiological condition that may result from food insecurity
- When individuals have consistent access to safe, healthy, and affordable foods essential to optimal help and well-being

2

Multiple Choice 1 point



Which geographic area does not experience food insecurity?

- Remote and rural communities, like Dillingham, Alaska
- Small or mid-size cities and towns, like Waco, Texas
- Major cities, like Los Angeles, California
- Every population, every country, and every community experience food insecurity

3

True or False 1 point



Those who have consistent income and affordable housing do not experience food insecurity.

Technical Support

We're here for you!

As you take the course, one of our team members will be ready to assist with any technical questions during business hours Monday – Friday, 9 – 5pm.

Course Details

Cost: \$3,000

Duration: Self-paced (suggested 10 weeks)

***Financial Assistance:** We are actively working to establish a fund that will provide financial assistance to help offset a portion of the course fee. Due to limited availability, assistance will be awarded on a first-come, first-served basis.

*We also welcome contributions to this fund to support broader access and participation. If you're interested in donating or learning more, please don't hesitate to email us at Collaborative@baylor.edu.





Enroll Now!

Have Questions?

See the ***Frequently Asked Questions*** section of the course webpage
or reach out to us directly at Collaborative@baylor.edu.

Ways to Get Involved

Join Your Hunger Free Community Coalition



Start Your Own Hunger Free Community Coalition

Meet the Other Helpers in the Community

Thank you

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